

CHAPTER - I

INTRODUCTION

The Sports Authority of India was established in 1984 as a Society under the Societies Registration Act, 1860. It is a major field agency of Ministry of Youth Affairs and Sports, Government of India for Sports, with its Head office at New Delhi and Regional Offices spread over the length and breadth of the country. Naturally, the schemes are aimed at spotting talents in the country and nurturing them by providing the requisite support in terms of scientific training, availability of infrastructure, equipment support, domestic and foreign exposure etc. A side from this the maintenance and utilization of various Stadia built during Asiad 1982 also falls under its responsibility.

In 1987 the erstwhile Society for National Institute of Physical Education and Sports (SNIPES) consisting of NSNIS Patiala and its Centres and the two Physical Education Colleges, namely Lakshmibai National College of Physical Education (LNCPE), located at Gwalior and Thiruvananthapuram, respectively were merged with SAI so as to adopt an integrated approach towards promotion and development of sports consciousness. Subsequently, the LNCPE, Gwalior was delinked from SAI in 1995 after attaining the status of 'Deemed University' (Named as Lakshmibai National Institute of Physical Education)

GENERAL BODY & GOVERNING BODY OF SAI

As per Memorandum of Association and Rules of SAI, Government of India constitutes Members of the Society (General Body) and the Governing Body of SAI. The Governing Body and the General Body were reconstituted vide MYAS order dated July 17, 2006 and February 9, 2007 respectively. The lists of members of the Governing Body and the Society are given at **Annexure – I & II**, respectively.

The **Society** is headed by the Hon'ble Prime Minister as its ex-officio President and the Union Minister Incharge of Youth Affairs & Sports is the Vice-President of the Society.

The **Governing Body** of SAI is headed by the Union Minister of Youth Affairs & Sports and the Union Minister of State for Youth Affairs & Sports is its Vice-Chairman.

During the year, the meetings of the Governing Body were held on August 7, 2007 and Jan. 11, 2008 under the Chairmanship of Hon'ble Minister for Youth Affairs & Sports.

AIMS AND OBJECTIVES OF SAI

- To promote and broad-base sports in the country.
- To implement schemes/programmes for achieving excellence in sports in different disciplines at international level in order to establish India as a major sporting power.
- To maintain and utilize on behalf of the Government, stadia which were constructed/renovated for the IXth Asian Games held in 1982.
- To act as an interface between the Ministry of Youth Affairs and Sports and other agencies concerned with the promotion/development of sports in the country on the other hand State Govt., U.T. Administration, IOA, National Sports Federations, Sports Control Boards, Industrial Houses etc.
- To establish, run, manage and administer the institutions to produce high calibre coaches, sports scientists and physical education teachers.
- To plan, construct, acquire, develop, take over, manage, maintain and utilize sports infrastructure and facilities in the country.
- To initiate, undertake, sponsor, stimulate and encourage research projects related to various sports sciences for upgradation of sports, sportspersons and coaches.
- Other incidental issues concerning promotion, development and excellence in sports.

ORGANISATIONAL SET UP

Director General is the Principal Executive Officer of SAI assisted by Secretary, Executive Directors and Heads of Academic Institutions and Regional Centres/Sub-centres. A chart giving details of the Organizational Set-up is placed at **Annexure – III**.

CHAPTER - II

FIELD UNITS OF SAI

The different fields Units of SAI were established to impart academic training, implement SAI Schemes, provide sports facilities for excellence development, holding of competitions and for popularization of sports.

The main Units are:

I. ACADEMIC UNIT

- a. SAI Netaji Subhas National Institute of Sports, Patiala
- b. SAI Lakshmi Bai National College of Physical Education, Thiruvananthapuram.

The academic programmes being carried out at NSNIS Patiala and LNCPE Thiruvananthapuram have been reflected in chapter on Academic Division.

II. REGIONAL CENTRES & SUB- CENTRES

REGIONAL CENTRES

- a. SAI Netaji Subhas Eastern Centre Kolkata
- b. SAI Netaji Subhas Southern Centre, Bangalore
- c. SAI Ch. Devi Lal Northern Centre, Sonapat
- d. SAI Netaji Subhas Western Centre Gandhinagar
- e. SAI Bhai Udhav Das Mehta Central Centre, Bhopal
- f. SAI Netaji Subhas North Eastern Centre, Imphal

SUB CENTRES

- g. SAI Netaji Subhas Sub-Centre, Guwahati
- h. SAI Netaji Subhas Sub-Centre, Lucknow
- i. SAI Netaji Subhas Sub – Centre, Hazaribagh

The detailed account of each of the Regional Centres and its sub- centres is enumerated in the Chapter on Regional Centres and Sub- Centres.

III. CENTRES FOR IMPLEMENTING SPORTS PROMOTIONAL SCHEMES

- a. Centre of Excellence Scheme
- b. SAI Training Centres (STC) Scheme
- c. Special Area Games (SAG) Scheme
- d. Army Boys Sports Companies (ABSCs) Scheme
- e. National Sports Talent Contest (NSTC) Scheme

These schemes are being implemented through Regional centres/Sub-centres/Academic Institutions and details there of are indicated in the chapter on Operation Division.

IV SAI STADIA AT DELHI

- a. Jawaharlal Nehru Stadium
- b. Indira Gandhi Stadium (Indoor) and Yamuna Velodrome
- c. Major Dhyan Chand National Stadium
- d. Dr. Shyama Prasad Mookherjee Swimming Pool Complex
- e. Dr. Karni Singh Shooting Ranges

The utilization of the SAI Stadia has been reflected in the Chapter on Stadia Division.

CHAPTER - III

ACADEMIC DIVISION

The National Institute of Sports was inaugurated on 7th May 1961 to herald an era of systematic and scientific sports coaching, in the country. In the year 1973, the Institute was dedicated to the memory of Netaji Subhas Chander Bose. After merger of SAI and SNIPES, in 1987, the Institute became Academic Wing of Sports Authority of India. It is being considered as a premier sports Institute in Asia. The Institute is located at Moti Bagh Palace, Patiala (Punjab). The total area of the Institute is 268 Acres.

AIMS & OBJECTIVES OF THE INSTITUTE

- To conduct short & long term academic courses in sports coaching, sports sciences, and other related fields.
- To raise the competence of coaches through organization of Refresher Courses for coaches.
- To provide assistance to the National Sports Federations, for conducting National Coaching Camps.
- To provide scientific back-up to elite sportspersons for achieving high level performance.
- To organize conferences, seminars, workshops on sports-related subjects.
- To serve as a source of information and counseling on sports infrastructure, through experts.
- To implement sports promotional schemes of the MYA&S.
- To implement sports promotional schemes of SAI.
- To identify sports talent in identified disciplines, and to groom them through scientific sports coaching for achieving of excellence in sports.

During the year 2007-08, the Institute carried out the following main functions:

I ORGANISATION OF ACADEMIC PROGRAMMES

1. DIPLOMA COURSE IN SPORTS COACHING

The Annual Graduation Ceremony of the Diploma Course in Sports Coaching 2007-08 session was organized on 14 May 2008 at NS NIS, Patiala and NS SAI SC, Bangalore and on 15th May, 2008 at SAI NSEC Kolkata.

At Patiala, the training was imparted in 17 disciplines of Athletics, Badminton, Basketball, Boxing, Cricket, Cycling, Fencing, Football, Gymnastics, Handball, Hockey, Judo, Table Tennis, Volleyball, Weightlifting, Wrestling and Wushu. In all, 266 students were admitted to these disciplines.

At Bangalore, the training was imparted in 8 disciplines of Athletics, Hockey, Kho-Kho / Kabaddi, Tennis, Softball, Swimming, Tackwondo, and Volleyball. In all, 117 students were admitted for this training course, at Bangalore.

At Kolkata, the training was imparted in 4 disciplines of Archery, Athletics, Boxing, and Football. In all, 51 students underwent training at this Centre.

Overall, 434 students underwent training for the Diploma Course, in 29 sports disciplines at these three centres. So far, 15011 students have qualified under this programme.

2. MASTERS COURSE IN SPORTS COACHING (M.SC.)

This Course is conducted by the Institute at its Patiala Centre only. Five students were promoted to the 2nd year (2006-08) for the M.Sc. Course-one in Athletics, one in Basketball, two in Volleyball, and one in Swimming, during the year under report. No candidate was admitted in M.Sc. Course for the session 2007-09. 172 candidates have passed out the course upto 2004-06.

3. CERTIFICATE COURSE IN SPORTS COACHING

The six –week Certificate Course in Sports Coaching was conducted by the Institute, at seven SAI Centres: NSNIS, Patiala, - NS Western Centre, Gandhinagar ; NS West Zone Training Centre, Aurangabad; LNCPE, Thiruvanthapuram; NS Eastern Centre, Kolkata ; NS Southern Centre, Bangalore ; NS STC Kandiveli . In all 1278 applications were received and 508 candidates called and 326 students attended the Course in 22 sports disciplines. In other words, the Institute has trained 22967 persons under this programme.

4. POST-GRADUATE DIPLOMA COURSE IN SPORTS MEDICINE

The Institute is conducting two-years P.G. Diploma Course in Sports Medicine, affiliated with Baba Farid University of Health Sciences, Faridkot (recognized by Medical Council of India). There are Six students in Part-I (2007-09) and Five students in Part-II (2006-08) admitted in the Course.

5. REFRESHER COURSE

A Refresher Course was conducted during January to March 2008 at the SAI Academic Centres at Patiala, Bangalore and Kolkata. 89 Coaches attended the Refresher Course in the disciplines of Badminton, Table Tennis, Cricket, Archery, Cycling, Weightlifting, Athletics, Boxing, Judo, Wrestling, Basketball, Handball, Football, Hockey, and Volleyball.

II MANAGEMENT OF NATIONAL COACHING CAMPS

Under the Long Term Development Plan (LTDP), the Institute conducts national coaching camps for training of elite sportspersons on its campus and the SAI High Altitude Training Centre, Shilaroo, Himachal Pradesh.

The National Coaching Camps are conducted at Institute on the basis of sanctions received from SAI TEAMS Wing providing names and dates of these camps in consultation with the respective Federations. The Institute provides lodging and boarding, play fields & other sports infrastructure, sports equipment, including required food supplements , and scientific support besides monitoring clinical, physical and physiological status of the sportspersons.

During the year 2007-08, the Institute conducted 47 National Coaching Camps : 5 in Athletics; 9 in Boxing; 1 in Hockey; 11 in Judo ; 4 in Table Tennis; 7 in Weightlifting; 10 in Wrestling.

III CENTRE OF EXCELLENCE, PATIALA

In order to build up proficiency of outstanding sportspersons for excellence, at the International level, the Sports Authority of India has set up Centres of Excellence at number of places in the country. These Centres would be operating as regular coaching camps, for the best available talent in India, and would provide two or possibly three concurrent layers of highly skilled sportspersons giving a wider choice of talent and continuity for selection to the National teams. One such Centre was started at the Netaji Subhas National Institute of Sports, Patiala w.e.f. October, 2000.

The 2007-08 session of Centre of Excellence in Athletics, Cycling, Hockey and Judo started w.e.f. 1st July 2007 and concluded on 31st May 2008. The trainees participated in National and International tournaments through out the year. 84 trainees joined the centre and two girl trainees of Cycling left the center of their own.

IV SAI TRAINING CENTRE, PATIALA

The STC, Patiala was established in May 1991. It has been under the administrative control of SAI NS NIS since June 2005. It is a joint venture of SAI and Punjab State Govt. to provide modern training facilities to the up-coming sports talent, preferably of Punjab State, to enable them to excel in sports.

During 2006-07, Hostel at Polo Ground, Patiala, was taken over by SAI NS NIS, Patiala, in June, 2006. With this, STC has been running two hostels : one for girls opposite Ayurvedic College, Patiala, and other for boys at Polo Ground, Patiala. During this financial year, additional disciplines of Shooting and Archery were introduced, for day boarders.

STC, Patiala uses the Play-fields and other facilities of NS NIS for training purposes. The discipline wise strength of regular trainees/day boarders at the STC is as under.

Sr. No.	Discipline	Regular	Day boarder
1.	Archery	00	21
2	Athletics	14	04
3	Cycling	08	04
4	Hockey	52	05
5	Judo	09	13
6	Gymnastics	00	07
7	Fencing	08	09
8	Shooting	00	15
9	Boxing	05	00
	Total	96	78

V IMPLEMENTATION OF UMBRELLA SCHEMES OF INCENTIVES FOR PROMOTION OF SPORTS ACTIVITIES OF MYA&S, GOVT. OF INDIA

The Institute implemented the following programmes/schemes of MYAS on behalf of SAI:-

(I) ALL INDIA RURAL SPORTS TOURNAMENT SCHEME

The Scheme of Rural Sports Tournament was launched by the Department of Youth Affairs & Sports, Government of India, in the year 1970- 71 with a view to broad-basing games and sports and to tap the hidden talent in rural area.

OBJECTIVES

- To generate sports consciousness and mass involvement of rural youth in sports activities
- To strengthen sports at the grass root level.
- To provide opportunities to rural youth to join main stream of competitions
- To spot talent for further nurturing.

ACTIVITIES AND FINANCIAL ASSISTANCE

The scheme lays emphasis on organising tournament in rural areas at block, district, state and national levels. Presently, block and district level tournaments are organised in the selected sports disciplines viz., Athletics, Archery, Football, Hockey, Kho-Kho, Kabaddi, Volleyball, Wrestling, Weightlifting and Tug of War by the States/UTs. from their own resources. Central financial assistance for holding the Distt. and State level tournaments is provided upto 10 disciplines at the rate of Rs. 30,000/- per discipline per district for Distt.level and Rs.50,000/- per discipline for State level competitions. In case of Union Territories, the assistance is at the rate of Rs.25,000/- per discipline upto 10 sports disciplines. The financial assistance is released to the States/UTs. on receipt of their requirements subject to the settlement of their previous accounts.

NORMS OF FINANCIAL ASSISTANCE FOR NATIONAL LEVEL TOURNAMENTS:

For National level tournament financial assistance of Rs.2.50 lacs per discipline is made available to host State for organising the tournament. This includes boarding and lodging charges @ Rs. 60/- per

person per day and charges for sports equipment, ground preparation and technical officials fee. In addition, the expenditure on medals, shields, certificates and prizes etc. is incurred by the SAI on behalf of Govt. of India.

During the year financial assistance was provided to 23 States for organizing, Distt. and State level competitions. These States were Arunachal Pradesh, Assam, Meghalaya, Nagaland, Sikkim, A & N, Bihar, Chattisgarh, Goa, Haryana, Himachal Pradesh, Jammu & Kashmir, Jharkhand, Kerala, Maharashtra, Orissa, Punjab, Rajasthan, Tamilnadu, Uttar Pradesh, Uttrakhand, Mizoram and Tripura.

During the year 2007-08 National level competitions in 10 sports disciplines were conducted as per details given below:-

Group	Disciplines	Venue	Dates	Participation
Group-I	Archery, Kabaddi, Kho-Kho	Jaipur (Rajasthan)	Dec. 15-18, 2007	1310 from 27 States
Group-II	Football, Volleyball, Weightlifting, Tug of War	Margao(Goa)	Nov. 26-29, 2007	1492 from 27 States
Group-III	Athletics, Hockey, Wrestling	Faridabad (Haryana)	Jan. 5-8, 2008	1312 from 25 States

(II) NATIONAL SPORTS FESTIVAL FOR WOMEN

The origin of National Sports Festival for Women dates back to 1975 when the festival was organised as a part of celebrations connected with the International Women's year. Considering the impact the festival made in arousing sports consciousness amongst women in the country, the Govt. of India decided to make it an annual feature.

Under the programme, competitions are organised at Block, Distt. and State level within the States/UTs. and participants selected in these competitions are sent by the States/UTs to the National level competitions.

NORMS OF FINANCIAL ASSISTANCE

- Block level competitions - Rs. 1000/- per block for 5 disciplines and above. If less than 5 disciplines to be covered in a block, assistance @Rs.200/- per discipline is given (Financial assistance is restricted to 60% of the total blocks covered).
- Dist. Level competition - Rs. 3000/- per district.
- State level competition - Rs. 10,000/- per state.
- UT level competition - Rs. 5000/- per UT

The financial assistance is released to the States/UTs. on receipt of their requirements and subject to settlement of their previous accounts.

NORMS OF FINANCIAL ASSISTANCE FOR NATIONAL LEVEL COMPETITIONS

- Board & lodging charges to host state – @ Rs. 35/- per day per head for the days of the festival plus a day before and a day after the competitions.
- Reimbursement of to and fro IInd class rail fare/bus fare to States/UTs for the participants and officials.
- TA/DA for officials, shields and medals, utility prizes, merit and participation certificates.

During the year, financial assistance was provided to different States for organizing, Block, Distt. and State level competitions. These States were Maharashtra, Tripura, Mizoram, Haryana, Punjab and Himachal Pradesh.

During the year 2007-08 the National level competitions were conducted in three groups as per details given below:-

Group	Disciplines	Venue	Dates	Participation
Group-I	Badminton, T.T, Tennis and Swimming	Navi Mumbai (Maharashtra)	Dec. 24-27, 2007	432 from 23 States
Group-II	Athletics, Handball, Kabaddi, Volleyball	Madurai (Tamilnadu)	Nov.20-23, 2007	1083 from 24 States
Group-III	Basketball, Gym., Hockey, Kho-Kho	Jammu (J & K)	Feb. 5-8,2008	1002 from 22 States

(III) NORTH EAST GAMES SCHEME

The Scheme of North East Sports Festival was launched by Department of youth Affairs & Sports in the year 1986-87 and subsequently, it was rechristened as North East Games Scheme.

OBJECTIVE : – To broad base games and sports in otherwise neglected areas of the North Eastern States.

STATES COVERED: Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim & Tripura.

DISCIPLINES :- Athletics(M&W),Badminton(M&W),Hockey(M&W) Football (M&W),Judo(M&W), TableTennis(M&W), Weightlifting(M&W) & Boxing(Men only)

NORMS OF FINANCIAL ASSISTANCE:

Block level competitions: Nil
 Distt. level competitions : Rs.50,000/- per district.
 State level competitions : Rs.75,000/- per discipline upto 8 sports disciplines.

During the year, Financial assistance was provided to the States of Assam, Mizoram, Sikkim, Tripura and Arunachal Pradesh for organising Distt.,State lower level competitions for the year 2007-08.

FINANCIAL ASSISTANCE FOR NORTH EAST REGIONAL LEVEL GAMES

- To and fro IInd class train/Bus fare from State capital to the venue of the festival to participants and officials.
- Board & Lodging charges for the days of competitions plus a day before and a day after the competitions @ Rs.100/- per person per day.
- Medals and shields for individual and team events .

- Trophies for the overall best place and the second best place.
- Merit certificates to the winners of first three places in individual and team events and participation certificates to all the participants including officials.
- Winners of Gold Medal in individual and team events in the Festival (Games) are awarded prizes upto Rs.1500/- in each case
- Financial assistance upto Rs.1 lac is given to the host State for the purchase of sports equipment.

ELIGIBILITY

- No age restriction. The idea being that the best available sports men and sports women in each event should be selected to participate for each state covered under the scheme.
- Participants must be resident of the state which they propose to represent in the Festival (Games) for the last five years.

During 2007-08 the North East Sports Games were held in the disciplines of Athletics, Badminton, Football, Kho-Kho, Judo, Table Tennis, Weightlifting, Wushu, Taekwondo and Karate at Guwahati from Jan. 28, 2008 to Dec. 31, 2008.

(IV) PROMOTION OF SPORTS AND GAMES IN SCHOOLS SCHEME

The scheme launched in 1986 and reviewed subsequently in 1992 is aimed at raising the standards of sports at the school level and to encourage participation in inter school competitions.

Objective: - To provide incentives for promotion of sports & games amongst the school children

Disciplines: - Archery, Athletics, Badminton, Basketball, Hockey, Football, Volleyball, Table Tennis, Weightlifting and Wrestling.

Norms for financial assistance:

The funding pattern under the scheme is as under :-

- Rs.75,000/- per District for Inter school Distt. Level tournaments.
- Rs. 3 lacs per state for State Level Tournament.
- Rs.2 lacs per discipline for National Level Competitions.
- The school with best performance right upto National Level will get an award of Rs.1.00 lac alongwith a Rolling Trophy

During the year 2007-08 the National level competitions were conducted in two groups as per details given below:-

Group	Disciplines	Venue	Dates	Participation
Group-II	Football, Volleyball, T.Tennis, Weightlifting & Wrestling	Thiruvananthapuram (Kerala)	Dec. 24-27,2007	684 from 10 States
Group-I	Archery, Athletics, Badminton, Basketball & Hockey	Sundergarh(Orissa)	Jan.5-8, 2008	802 from 10 States

(V) SPORTS SCHOLARSHIPSCHEME :

The applications for award of sports scholarships under various categories for the year 2007-08 were invited through circular letters to all the State Sports Councils/Departments, Education Departments, National Sports Federations concerned, all member universities of the AIU, SGFI and SAI Regional Centres etc.

All the applications received by the last date were scrutinized at various levels and data of eligible applicants fed into the computers. During the course of scrutiny, various checks were also applied to detect duplicity in the applications.

The Scholarship Committee Meeting was convened at New Delhi on 15th February, 2008 under the Chairmanship of the DG, SAI to decide award of scholarships for the year 2007-08. In the meeting, 9694 scholarships were approved by the committee as under:-

SN	CATEGORY	SCHOLARSHIPS (in Rupees)	APPROVED AMOUNT	VALUE (in Rupees)
1.	Univ./College students (Fresh)	961	10200/-	9802200
2.	Univ./College students(Renewal)	227	10200/-	2315400
3.	National level (Fresh) for school students	1337	8400/-	11230800
4.	National level (Renewal) for school students	460	8400/-	3864000
5.	National Level Fresh for Talented players	03	8400/-	25200
6.	State level (Fresh) for school students	4950	6600/-	32670000
7.	State level (Renewal) for school students	1680	6600/-	11088000
8.	Women National Champions	43	18000/-	774000
9.	Women doing M.Phil/Ph.D.	23	10000/-	230000
10.	Women doing NIS Diploma	10	7500/-	75000
	Total	9694		7,20,74,600

The MYA&S released funds amounting to Rs.6.00 crores for making payments to the selected awardees and clearing the pending liability for the year 2006-07.

IV. FACULTY OF SPORTS SCIENCES

The faculty of sports sciences has several scientific departments like Anthropometry, Biomechanics, Biochemistry, GTMT, Nutrition, Physiology and Psychology. The faculty of Sports Sciences Support the teaching faculty and also provide support to the National Campers attending coaching camps from time to time.

CHAPTER - IV

LAKSHMI BAI NATIONAL COLLEGE OF PHYSICAL EDUCATION THIRUVANANTHAPURAM

The Lakshmibai National College of Physical Education, Kariavattom, Thiruvananthapuram, which bears the name of LNCPE, whereas the name of Rani Lakshmi Bai, the illustrious heroine of the first war of independence, came into existence on 17th August, 1985 under the auspices of Department of Youth Affairs & Sports, Ministry of Human Resource Development, Govt. of India. Consequent upon the amalgamation of the SNIPES Board with Sports Authority of India on 1st May, 1987, the college became the Academic Wing of Sports Authority of India at par with National Institute of Sports, Patiala.

The college aims to provide excellent facilities for the upliftment of Physical Education and Sports in the country and to serve as the model Institute for teachers training by offering under graduate, post graduate and Research Courses. The LNCPE is an affiliated college of University of Kerala.

AIMS AND OBJECTIVES

A. ACADEMIC PROGRAMMES

- To prepare highly competent and skilled leaders in the field of Physical Education, Sports and Games.
- To serve as a Centre of Excellence for research in Physical Education, Sports sciences and allied areas.
- To provide technical professional and academic Leadership to other institutions of Physical Education.
- To develop and promote programme of mass Physical Education activity.
- To develop model Health & Fitness programmes for the general population and sports persons in specific.

B. SAI SCHEMES

- SAI Training Centre (Athletics, Gymnastics and Taekwondo)
- Centre of Excellence (Athletics, Taekwondo and Cycling)

C. EXTENSION SERVICES

- Coaching camps
- Refresher/Certificate courses
- Play and Pay Scheme
- Health & Fitness Programme

ACADEMIC PROGRAMMES : The College offered the following courses during the academic year.

Bachelor of Physical Education (3 years)

Master of Physical (2 years)

Regular and Part time ph. D. programme

STAFF STRENGTH

Academic		Administrative	
Principal	01	Group A	02
Lecturer (Sel. Gr /Reader)	03	Group B	02
Lecturer (Senior Scale)	05	Group C	14
Lecturers	05	Group D	22
Coaches	14		

FACILITIES AVAILABLE AT COLLEGE

(a) OUTDOOR FACILITIES

The college has developed playing facilities for almost all sports/games. The details of available playfields/ facilities are given below :-

S. No.	Disciplines	Number
1.	Football	02
2.	Hocley	02
3.	Basketball	03
4.	Tennis	03
5.	Volleyball	03
6.	Kho-Kho	02
7.	Handball	02
8.	Crecket (Turf and mat wicket)	01
9.	Softball	01
10.	Yoga Hall	01
11.	Conditioning Hall	01
12.	Wresting Hall	01
13.	Taekwondo Hall	01
14.	Beach Volleyball	01
15.	Clay track	01
16.	Velodrome	01
17.	Kabaddi	02

(b) INDOOR FACILITIES

S. No.	Disciplines	Number
1.	Badminton	01
2.	Gymnastics	01
3.	Health and Fitness Centre (Cardio vascular, strength taining, aerobics and Yoga)	01
4.	Swimming Pool	01

Inauguration of Swimming Pool :

The newly constructed Swimming Pool was inaugurated on 15th Sept.'07 by Sh. Mani Shanker Aiyar, Hon`ble Minister of Sports and Youth Affairs, Government of India. Sh. M. Vijaya Kumr M., Hon`ble Minister for Sports, Government of Kerala and Sh. Ratan P. Watal, Director General, SAI,were also present on the occasion.

PRESENT STUDENTS' STRENGTH

Class	Targeted Strength	Present Strength		Total
		Boys	Girls	
BPE-I	50	27	21	48
BPE-II	50	18	19	37
BPE-III	50	26	16	42
MPE-I	25	16	08	24
MPE-II	25	14	06	20
TOTAL	200	101	70	171

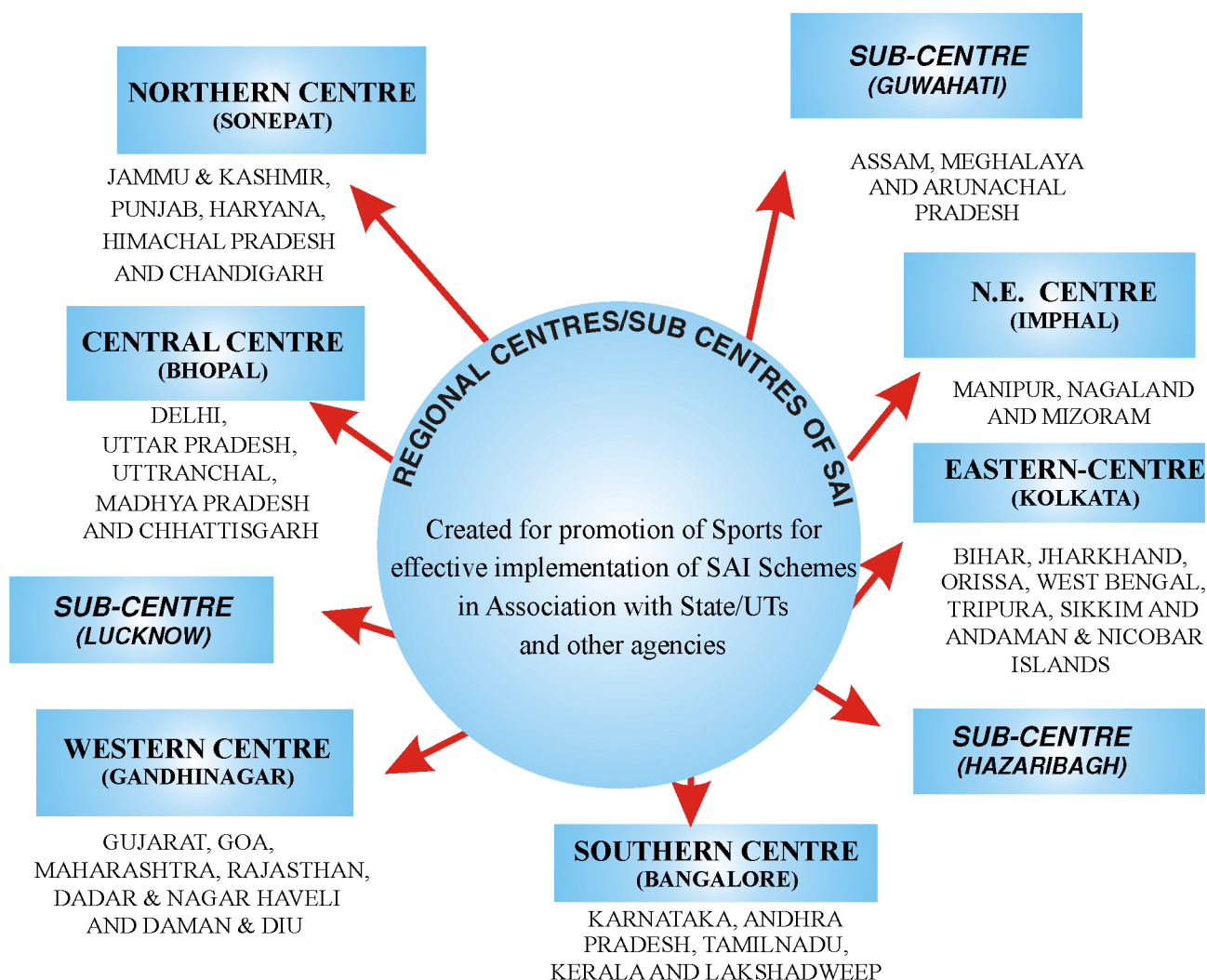
Full time research scholars	13
Part time research scholars	24

LNCPE PARTICIPATED IN NATIONAL, STATE AND DISTRICT LEVEL CHAMPIONSHIP.

A number of students of the College/Trainees under the sports promotional schemes being implemented by the college participated in District/State/National level Championships/Tournament and had won medals.

CHAPTER V

REGIONAL CENTRES & SUB - CENTRES



Regional Centres : Six, Sub-Centres : Three

The details of the Centres/Sub Centres are indicated in the succeeding pages

Objective and Functions:

1. To conduct coaching camps and to assist the national teams for participation in International Competitions.
2. To implement and monitor the sports promotional schemes of SAI and Government of India, in the Region.
3. To conduct Diploma Course in coaching in collaboration with the Academic wing of SAI at NSNIS Patiala.
4. To raise the technical competence and knowledge of the coaches by conducting refresher courses.
5. To conduct refresher courses for PE teachers.
6. To provide organizational support, documentation and sports science information to all concerned with a view to achieve excellence in sports.

7. To liaise with other organizations/sports bodies, State Government/UT administration, to provide information on sports related subjects.
8. To identify sports talent among different age groups and grooming them for achieving excellence in their performance.
9. To provide scientific backup to sportspersons to achieve high level performance in sports.

DETAILS OF REGIONAL CENTRES & SUB CENTRES

1. SAINS EASTERN CENTRE, KOLKATA

The SAI Eastern Centre was established on 23rd Jan., 1983. The Centre has modern infrastructure facilities for training of sports persons.

Total area of the complex - 42 Acres

Facilities available at the Centre

(a) Outdoor Facilities.

S.N	Disciplines	Type of Facilities	Number of Fields
1.	Athletics	Cinder Track	One
2.	Basketball Court	Cement	Four
3.	Football Field	Natural Turf	three
4.	Hockey	Astro Turf Natural Grass Turf	One One
5.	Kho Kho Kabaddi	Clay	Two
6.	Archery	Natural Grass Turf	One
7.	Lawn Tennis	Hard Court Clay Court	Two Three
8.	Volleyball	Clay Court	Four
9.	Cricket Pitch	Concrete Clay	Two Two
10.	Handball	Clay	One

(b) INDOOR FACILITIES

S.N	Name of Infrastructure	Size	Facilities Available For
1.	Indoor Hall	One (60 x 40 Mt.)	For Basketball, Gymnastic, Badminton, Volleyball, Table Tennis, Fencing and other Indoor Games.
2.	Indoor Hall (Gymnastic)	One (30 x 15 Mt.)	For Gymnastic, Table Tennis, and Boxing
3.	Billiard and Judo Hall	One	Ground Floor for Judo and First Floor for Billiards.
4.	Crash Landing Pit	One	For Training in advance Gymnastics equipped with foam fitted pit and especially designed Gymnastic equipment.
5.	Conditioning Hall	One for Gents and One for Ladies.	Inside the Hall equipped with modern fitness equipment.

(c) HOSTELS FACILITIES

S.No	Hostel
1.	200 bedded Hostel
2.	100 bedded hostel for boys for National/STC Campers
3.	50 bedded hostel for girls COX and STC Trainees
4.	50 bedded hostel

ACADEMIC PROGRAMMES

- Diploma Course in Sports Coaching
- Certificate Course in Different Games and Sports
- Special Certificate Course
- Refresher Courses for in Service Coaches
- Conduct of Seminars and Workshop.

SPORTS PROMOTIONAL SCHEMES

Under the different Sports promotional schemes being implimented by the Regional Centre, there are 1693 trainees in the following field units:-

- Seven Adopted Schools including those covered for promotion of Indigenous Games and Martial Arts.
- Eight Jawahar Navodaya Vidyalayas
- Eight SAG Centres,
- Seven SAI Training Centres
- One Centre of Excellence
- One ABSC Centre
- One Adopted Akhara
- Two Extension Centres

CONFERRING OF ARJUNA AWARD UPON THE SCHEME TRAINEE

Shri Subhajit Saha, one of the Table Tennis trainees of Centre of Excellence was conferred upon the coveted **Arjuna Award** for the year 2006 at the Rashtrapati Bhavan on 29th August, 2007 in recognition of his outstanding achievements in the field of Table Tennis.



NATIONAL COACHING CAMPS

Senior Recurve and Compound (Men & Women) Archery Coaching Camp was held at the Centre from 16th June, 2007 to 5th July, 2007. 6 Recurve Men, 6 Recurve Women, 4 Compound Men, 4 Compound Women and 4 Coaches reported at the Camp.

DIPLOMA COURSE

The Diploma Course in Sports Coaching 2007 – 08 started from 2nd July 2007 with 51 trainees in 4 (four) disciplines, namely Archery, Athletics, Boxing and Football.

SIX WEEKS CERTIFICATE COURSE

The Six week certificate course conducted from 17th May to 25th June 2007 with 74 trainees and after completion of the course, certificates were awarded to 70 successful students in different disciplines, on 25th June, 2007

2. SAINS SOUTHERN CENTRE, BANGALORE

The Southern Centre was established on 13th April, 1974 at Sree Kanteerava Stadium, Bangalore and later on shifted to the present premises. The present complex is located in the Jnanabharathi Campus, Bangalore University, Mysore Road, Bangalore, and was inaugurated on 29th July, 1985.

SAI Southern Centre, Bangalore, has vast infrastructure facilities and is equipped for implementation and monitoring of sports promotional schemes of SAI for imparting scientific and systematic training for elite sportsmen. It also conducts diploma course in sports coaching for various sports disciplines.

Total Area : 101.2 Acres.



Parliamentary Standing Committee on Human Resource Development (HRD) visited SAI NSSC, Bangalore on 26th June 2007 in connection with promotion of sports in India.

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

SN	Disciplines	Type of Facilities	Number
1.	ATHLETICS TRACK	SYNTHETIC / CINDER	ONE / ONE
2.	BASKETBALL COURT	MOSAIC	TWO
3.	FOOTBALL FIELD	TURF	ONE
4.	HOCKEY	POLYGRASS TURF	ONE
5.	HANDBALL	CLAY	ONE
6.	KHO-KHO KABADDI GROUND	CLAY	TWO
7.	LAWN TENNIS COURT	CLAY / CEMENT	FIVE / ONE
8.	VOLLEYBALL COURT	CINDER / SAND	THREE / ONE
9.	SWIMMING POOL (MAIN) (WITH DIVING FACILITIES)	21 x 50 M	ONE
	SWIMMING POOL (LEARNERS)	21 x 25 M	ONE
10.	GOLF COURSE (NINE HOLES)		ONE
11.	SHOOTING RANGE	25 M RANGE	ONE
		50 M RANGE	ONE
		TRAP AND SKEET RANGE	ONE

(b) INDOOR FACILITIES

COMPLEX - I		
SPORTS DISCIPLINE	NO. OF GROUNDS	DIMENSIONS
1. BADMINTON (MULTIPURPOSE)		40 x 15 x 12.5 M
2. VOLLEYBALL/BASKETBALL/ HANDBALL		45 x 35 x 20 M
3. WEIGHTLIFTING	THREE HALLS	15 x 15 x 7.5 M (EACH)
COMPLEX - II		
1. CONDITIONING HALL	ONE	20x15x5M
2. JUDO	ONE	30 x 20 x 5 M
3. SHOOTING RANGE	ONE	10 M.

(c) HOSTEL FACILITIES

01. 216 BED HOSTEL FOR MEN	ONE
02. 200 BED HOSTEL (C.O.E)	ONE
03. 85 BED HOSTEL FOR WOMEN	ONE
04. 72 BED DORMITORY	ONE
05. HEALTH CENTRE	ONE
06. SPORTS SCIENCE BUILDING	ONE
07. ADMINISTRATIVE/ACADEMIC BUILDING	ONE
08. SHOPPING COMPLEX	ONE
09. GUESTHOUSE	ONE
10. STAFF QUARTERS	ONE HUNDRED THREE
11. STAFF CLUB HOUSE	ONE



Cuban delegation visited SAI, Southern Centre, Bangalore from 19th February to 01st March 2008 under the Cultural Exchange Programme between Govt. of India and the Govt. of Cuba.

ACADEMIC PROGRAMMES

- Diploma Course in Sports Coaching
- Special Certificate course for Srilankan Coaches
- IOC Solidarity Course in Swimming

FACULTY OF SPORTS SCIENCES

The faculty of Sports Sciences was established at the centre, in the year 1990, in collaboration with erstwhile USSR, with the following objectives:

- To enhance the performance of national sportspersons through scientific evaluation of training.
- To identify sports talent among the children of southern states.
- To monitor the growth and development of talented children in southern region under various schemes.
- To take up applied research/projects to enhance the performance.
- To make the coaches understand and implement the modern methods of scientific training.
- Faculty of Sports Sciences has the departments of Sports Physiology, Sports Psychology, General Theory and Methods of Training (GTMT), Biomechanics and Sports Medicine with imported and indigenous equipment for conducting various tests and training.

SPORTS MEDICINE AND HEALTH CENTRE'

The Sports Medicine Centre is responsible for day to day care of National Campers, Trainees of Sports Hostel, Centre of Excellence, Staff and their dependents. All the National Campers are assessed medically and from injury point of view at the beginning of the National Camps. The sportspersons are rehabilitated following injuries as and when required. Out of competition dope sample collection is done on National Campers on Random Basis.

NATIONAL COACHING CAMPS

SAI, NSSC, Bangalore has become major Regional Centre for conduct of National Coaching Camps at different levels due to availability of vast infrastructure, scientific back up, supplemented with moderate climatic condition throughout the year. Most of the National Coaching camps in different sports disciplines in preparation for Olympics, Asian Games, Commonwealth Games, and World Cup and for various International Competitions are held at the Centre.

Apart from SAI Southern centre National coaching camps were also held at Saroornagar Indoor hall, Secunderbad, Gachibowli Stadium Hyderabad (Badminton), Rowing Academy Hyderabad (Rowing men and Junior), SAG Centre Alleppey (Kayak), STC Vizag (Youth Volleyball, Boxing). From 01st April to February 2008, 64 national camps in various disciplines were conducted.

Athletic men and women campers, Hockey Sr men team, Rowing Jr & Sr men team, Youth & Jr Judos had performed well during the year and secured medals in the international competitions.

National Coaching Camps were held in disciplines like Athletics, Badminton, Billiards & Snooker, Boxing, Basketball, Chess, Cycling, Hockey, Gymnastics, Kayaking & Canoeing, Judo, Rowing, Rifle Shooting, Swimming, Volleyball, Weightlifting and Yachting

The Department of Exercise Physiology in SAI, NS Southern Centre, established in the year 1990 is involved in various activities viz., to carry out physical, physiological and biochemical assessment of National athletes, scheme inmates undergoing training at 19 sports training centers (STC) in the region and out side agencies viz., BPL Academy, National Cricket Academy, Basavanagudi Aquatic Centre, KC. Reddy Swim Centre, Army Boys Sports Company and inmates of various state sports bodies and academies in the country.

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Regional Centre, there are following field units.

- Thirteen adopted schools under National Sports Talent Contest Scheme-NSTC-2, JNV-8 & 3 IGMA
- Three Army Boys Sports Companies
- Fourteen SAI Training Centres
- Four Special Area Games Centres
- Two Centre of Excellence.
- Twenty Two Extension Centres

3. SAIN WESTERN CENTRE GANDHINAGAR

The Western Centre was established on 29th August, 1987.

Total area of the complex - 63 Acres

FACILITIES AVAILABLE AT THE CENTRE

(A) OUTDOOR FACILITIES

S.N	Disciplines	Type of Facilities	Number
1.	Swimming Pool	50 m. Swimming pool with separate Diving Pool	One
2.	Athletics	400 m Cinder Track	One
3.	Squash	Court with Wooden Surface	One
4.	Tennis	Court with Clay	Three
5.	Basketball	Court with Cement	Three
6.	Kho- Kho	Courts	Two
7.	Kabaddi	Courts with Clay	Three
8.	Volleyball	Courts with Clay	Four
9.	Cricket	Ground with Clay	One
10.	Football	Ground	One
11.	Hockey	Field with Grass	One
12.	Handball	Courts (Clay & Grass)	Four

(b) INDOOR FACILITIES

Fitness Centre : One with Multi Gym

(c) HOSTEL FACILITIES

One : 150 bedded Sports Hostel

ACADEMIC PROGRAMMES

Certificate Course of six weeks duration under the Mass Sports Orientation programme, was conducted successfully at SAI Western Centre, Gandhinagar in the disciplines of Basketball, Cricket, Football, Handball, Kabaddi and Swimming.

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Regional Centre, there are following field units.

- Four adopted Schools under NSTC Scheme including two Indigenous Games & Martial Arts Schools besides thirteen Akharas & Eight Navodaya Vidyalas under the scheme.
- Three Army Boys Sports Companies
- Six SAI Training Centres
- One Centre of Excellence
- Twenty STC Extension Centres

WEST ZONE TRAINING CENTRE, AURANGABAD

The West Zone Training Centre, Aurangabad was established in the Dr. Babasaheb Ambedkar Marathwada University, Aurangabad in the year 1986. Aurangabad centre has the following facilities:-

Total area of the complex - 107 Acres

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

S.N	Disciplines	Type of Facilities	Number
1.	Tennis	Cemented Court	Two
2.	Basketball	Cemented Court	One
3.	Volleyball	Clay Courts	Two
4.	Handball	Clay Courts	Two
5.	Kho – Kho	Grounds	Two
6.	Kabaddi	Grounds	Two
7.	Football	Fields	Two
8.	Cricket	Pitch	One

(b) INDOOR FACILITIES

S.N	Name of Infrastructure	Size
1.	Multi-purpose Hall	30m x 45 x 12.5m
2.	Multi-purpose Hall	17m x 30m x 5m
3.	Changing Room	01

(c) HOSTEL FACILITIES

1.	One 75 bedded Boys Hostel
2.	One 75 bedded Girls Hostel

4. NETAJI SUBHAS NORTH EASTERN CENTRE, IMPHAL

The North Eastern Centre was established at Takyel, Imphal on 15th Septemebr 1986. The Centre is located on the side of national highway No - 53 which connects Imphal with Cachar District of Assam. It is at an altitude of 790 mts above Sea level with a temperature ranging from 0.0 C to 33.9 C and rainy Season is from May to October.

Total area of the complex - 64 Acres

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

S.N	Disciplines	Type of Facilities	Number
1.	Football	Grassy Ground	Two
2.	Hockey	Grassy Ground	Two
3.	Basketball	Courts	Two
4.	Lawn Tennis	Courts	Two
5.	Volleyball	Courts	Two
6.	Rowing	Cannel 500/50 mtrs.	One
7.	Athletic	Grassy Track	One

(b) INDOOR FACILITIES

One : Multi-purpose Hall

(c) HOSTEL FACILITIES

One : 100 bedded Hostel

(d) FACILITIES AVAILABLE AT STC/ SAG CENTRES IMPHAL

1.	Sepak Takraw Field	02
2.	Handball Court (Grass)	01

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schems being implemented by the Centre, there are following field units.

- Two adopted Schools (including one School of Indigenous Games & Martial Arts) and Four Jawahar Navodya Vidyalas (JNVs) under the NSTC Scheme
- Four SAG Centes
- Two SAI Tranning Centres
- One Centre of Excellence
- Two STC Extension Centres

5. SAI CENTRAL CENTRE, BHOPAL

The Sports Authority of India, Netaji Subhas Central Centre was established at Delhi in April 1988 and it was subsequently shifted to Bhopal w.e.f. 6th June 2001 and renamed as Udhav Das Mehta (Bhai Ji) Central Regional Centre and Bhopal is now operational at Gram Gora, Bishenkheri, Bhopal.

Total area of the complex - 100 Acres

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

S.N	Disciplines	Type of Facilities	Number
1.	Hockey	Ground (Field) Astroturf one with floodlit	Two
2.	Football	Grassy Field	One
3.	Basketball	Court	Three
4.	Volleyball	Court	Three

(b) INDOOR FACILITIES

One : Multi-purpose Hall

(c) HOSTEL FACILITIES

One : 144 bedded Hostel

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Centre, there are following field units.

- There are Three NSTC Schools, Seven Indigenous Games & Martial Arts Schools, Twelve Akaharas and Ten Jawahar Navodaya Vidyalas under the NSTC Schemes
- Seven Army Boys Sports Companies
- One SAG Centre
- Fourteen SAI Training Centres
- Three Centre of Excellence
- Seventeen STC Extension Centres

6. CH. DEVILAL NORTHERN CENTRE

The Northern Centre of Sports Authority was established in June 1988 at NS NIS Patiala. In October 1991, the Centre was shifted to Chandigarh. Thereafter, the Centre was shifted to Sonapat w.e.f. 16th June, 2005 and renamed as Ch. Devi Lal Northern Regional Centre.

Total area of the complex - 83 acres

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

1.	Synthetic Hockey Surface	01
2.	Athletic Track Grassy	01
3.	Football Field	01
4.	Volleyball Ground	02
5.	Kabaddi Ground	02
6.	Basketball Court	02

(b) INDOOR FACILITIES

1.	Multipurpose Hall	01
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(c) HOSTEL FACILITIES

S.No	Hostel
1.	One 90 bedded boys Hostel
2.	One 90 bedded girls Hostel

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Centre, there are following field units.

- There are four Adopted Schools, Indigenous Games & Martial Arts Schools besides Six Akharas and Eight Jawahar Navodaya Vadalayas under the NSTC Scheme
- Ten SAI Training Centres
- Two Centre of Excellence
- Eighteen STC Extension Centres

SAI SUB CENTRES

1. SAI NETAJI SUBHAS SUB- CENTRE, GUWAHATI

The foundation stone of the SAI NS Sub-Centre, Guwahati was laid by Mrs. Margaret Alva, former Minister of State for Sports and Youth Welfare, Govt. of India in the year 1987. Presently, the centre is situated in the heart of the Guwahati City.

Total area of the complex - 7.5 acres

FACILITIES AVAILABLE AT THE SUB-CENTRE

a) OUTDOOR

Athletics	Synthetic Track	One
Football Field	Natural Turf	One
Lawn Tennis	Synthetic Court	One
Boxing Arena	One	Two

(b) INDOOR FACILITIES

Multi Purpose Indoor Hall (Under Construction)	One (52 x 25 M.)	For Basketball, Boxing, Gymnastic, Badminton, Volleyball, Table Tennis, Fencing and other Indoor Games.
Indoor Hall (Weightlifting)	One (25x 15 Mt.)	For Weightlifting
Conditioning Hall	One (25 x 15 Mt.)	Equipment with Modern Fitness Equipment for all Trainees.

C) HOSTEL FACILITIES

50 bedded hostel for boys
33 bedded hostel for girls

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Sub-Centre, there are following field units.

- There are Two Adopted Schools in addition to One Indigenous Games and Martial Arts School & One Akhara & Three Jawahar Navodaya Vidyalayas under the NSTC Scheme, Three JNVs
- One Army Boys Sports Company
- Four SAG Centres
- Three SAI Training Centres
- Two STC Extension Centres

2. SAINETAJI SUBHAS SUB CENTRE, LUCKNOW

The Sub- Centre was inaugurated on 23rd Feb, 2004 by the then Prime Minister of India.

Total area of the complex - 52 acres

FACILITIES AVAILABLE AT THE SUB-CENTRE

(a) OUTDOOR FACILITIES

1.	Hockey Field Astro Turf	01
2.	Hockey Field Grassy	01
3.	Basketball Court	02
4.	Basketball Court (Clay)	02
5.	Athletic Track	01
6.	Football Ground	01
7.	Handball Court (Grassy)	02
8.	Kabaddi Ground	02
9.	Kho-Kho Ground	02
10.	Cricket Ground (Cemented)	02

(b) INDOOR FACILITIES

Multipurpose Hall	One
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(c) HOSTEL FACILITIES

S.No	Hostel
1.	One 50 bedded boys Hostel
2.	One 50 bedded girls Hostel

SPORTS PROMOTIONAL SCHEMES

Under the different sports promotional schemes being implemented by the Sub-Centre, there are following field units.

- Three Adopted Schools including those covered for promotion of Indigenous Games and Martial Arts.
- Five Jawahar Navodaya Vidyalayas

- One SAI Training Centre
- One Centre of Excellence

**9. SAINETAJ SUBHAS HIGH ALTITUDE TRAINING CENTRE, SHILLAROO
(DISTRICT SHIMLA)**

The High Altitude Training Centre Shillaroo is functioning under NS NIS Patiala.

Total area of the complex - 39 Acres

FACILITIES AVAILABLE AT THE CENTRE

(a) OUTDOOR FACILITIES

Hockey Field : 01

(b) INDOOR FACILITIES

S. N	Name of Infrastructure	Size	Facilities Available For
1.	Indoor Hall : One with wooden Flooring	50 mt. x 30 mt. x 12.5 mt.	Volleyball, Basketball, Badminton, Handball and Wt. Lifting.
2.	Indoor Hall No. 2 wooden flooring	40 mt. x 20 mt. x 8 mt.	Boxing, Wrestling, Judo

(c) HOSTEL FACILITIES

S.No	Hostel
1.	One 75 bedded boys Hostel for campus coaches
2.	One 40 bedded girls Hostel for campus and coaches.

CHAPTER - VI

OPERATION DIVISION

The Operation Division deals with Sports Promotional Schemes of SAI aimed at development and promotion of Sports at grass root level in the country. The following Sports Promotional Schemes are being implemented through Regional Centres/Sub Centres/Academic Institutions:-

- a) National Sports Talent Contest (NSTC) Scheme.
- b) Army Boys Sports Companies (ABSC) Scheme.
- c) SAI Training Centre (STC) Scheme
- d) Special Area Games (SAG) Scheme
- e) Centre of Excellence (COX) Scheme

The objectives of the Sports Promotional Schemes are as under:-

- Grooming of talent for achieving excellence at International Level.
- Scouting Talent in the Age Group of 8 – 14 years for admission in Schools adopted under NSTC Scheme, thereby playing and studying in a disciplined and systematic manner.
- Scouting of Talent in the Age Group of 8 – 16 years for admission in Regimental Centres established in the Army Camps under ABSC Scheme, thereby utilizing the available sports infrastructure and administrative back up of the army.
- Providing in house scientific and technical guidance to Jr. Level Sportspersons in the age group of 14 – 21 years who have won medals at States/ National Level Competitions. These children are admitted under STC Scheme.
- Scouting of Talent from tribal hilly, coastal areas and genetically gifted children for admission under SAG Scheme.
- Scouting of Talent from traditional games of India akin to modern sports and training them for achieving excellence in modern competitive sports.
- Utilization of infrastructure at Regional Centres/ Sub- Centres of SAI by scouting Talented sports persons who are at the brim of making mark and admitting them to the Centre of Excellence/SAI Training Centres.
- Providing scientific training under Centre of Excellence Scheme to National level sportspersons in the age group of 17 – 25 years towards preparation for Asian Games/ Olympic Games and other International level sports Competitions.

A) NATIONAL SPORTS TALENT CONTEST (NSTC) SCHEME.

Objectives

- To scout talent among school boys/girls who are genetically gifted and endowed with natural motor qualities.
- To Play and Study in the same school.
- To impart scientific sports training to selected children admitted in the schools.
- To utilize sports infrastructure created by the schools and to create sports consciousness among the school going children.

STATUS

Number of Schools - 22 Regular Schools, 27 schools for promotion of indigenous Games & Martial Arts, 49 Navodaya Vidyalayas and 33 Akharas, 33 Akharas provided Equipment Support.

Number of Trainees	-	2722 trainees(2062 – boys, 660 – girls)
Age Group	-	8 – 14 years
Disciplines	-	Athletics, Badminton, Basketball, Gymnastics, Hockey, Football, Swimming, Table Tennis, Volleyball, Wrestling, Kho- Kho, Kabaddi, Indigenous Games & Martial Arts.

The 2722 trainees have won 264 medals (258 National & 06 International in addition to the medals won at District, State levels etc.) The Details of some of the achievements/medals won may be seen at **Annexure-IV**.

i) Extension of NSTC Scheme to Navodaya Vidyalaya

Objectives

- To promote sports in remote and rural areas
- To provide greater plans for field children under NSTC Scheme.

Status

Number of Schools	-	49 Navodaya Vidyalayas
Number of Trainees	-	636 trainees (403 – boys, 233– girls)

ii) Promotion of Indigenous Games and Martial Arts.

Objectives

- To promote Indigenous Games and Martial Arts in Schools in Rural and semi-urban areas.
- Scouting of talent in these games for nurturing modern sports.

Status

Number of Schools	-	27 Indigenous Games and Martial Arts Schools
Number of Trainees	-	436 trainees (345– boys, 91 – girls)
Age – Group	-	8 – 14 years
Disciplines	-	Kalaripayattu, Salambam, Kabaddi, Wrestling, Archery, Athletics, Kho – Kho, Mukna, Thang-ta.

iii) Promotion of wrestling in the country.

Objectives

- To provide days facilities modern wrestling.
- To supplement the efforts made by various Akharas in the country.

Status

Akharas adopted by SAI	-	33 Akharas
Akharas that have been Provided Equipment Support	-	34
Number of Trainees	-	621 trainees (591– boys,30girls)
Age – Group	-	8 – 14 years
Disciplines	-	Wrestling

B) ARMY BOYS SPORTS COMPANY (ABSC) SCHEME.

Objectives

- The Scheme is aimed at selecting boys in 8 – 16 age group to achieve excellence in sports and also use Army sports infrastructure and to offer them a job in Army after attaining requisite age group.

Status

Number of Centres	-	16 Centres
Number of Trainees	-	964 trainees (boys)
Age – Group	-	8 – 16 years
Disciplines	-	Athletics, Archery, Basketball, Boxing, Equestrian, Handball, Shooting, Gymnastics, Hockey, Kayaking & Canoeing, Football, Swimming, Rowing, Volleyball, Wrestling & Weight Lifting.

The 964 trainees have won 128 medals (113 National and 15 International in addition to the medals won at District, State levels etc.) The Details of some of the achievements/medals may be seen at **Annexure-V**

C) SAI TRAINING CENTRE (STC) SCHEME.

Objectives

- To scout and nurture talented sportspersons by providing in-house coaching facilities coupled with the scientific input.
- To act as supply line for national teams.

Status

Number of Centres	-	58 Centres
Number of Trainees	-	7790 trainees (5363– boys, 2427– girls)
Age – Group	-	14 – 21 years
Disciplines	-	Athletics, Archery, Badminton, Basketball, Boxing, Cricket, Canoeing & Kayaking, Cycling, Football, Gymnastics, Hockey, Handball, Judo, Kabaddi, Karate, Lawn Tennis, Rowing, Swimming, Sepak Takraw, Shooting, Table Tennis, Taekwondo, Volleyball, Wrestling, Wushu, Softball, Weightlifting and Fencing.

The 7790 trainees have won 399 medals (National 365 and 34 International in addition to the medals won at District, State levels etc.). The Details of some of the achievements/ medals won may be seen at **Annexure-VI**

D) SPECIAL AREA GAMES (SAG) SCHEME.

Objectives

- To scout and nurture talent for modern competitive sports from tribal, rural, coastal and hilly areas.
- To cover regions which are either genetically or geographically advantageous for excellence in a particular discipline.
- To tap potential of indigenous games/ martial arts which are akin to modern sports disciplines provide in-house coaching facilities with scientific back up.

Status

Number of Centres	-	21
Number of Trainees	-	1915 (1147 boys, 768 girls)

Age – Group	-	14 – 21 years
Discipline	-	Athletics, Archery, Badminton, Boxing, Basketball, Canoeing & Kayaking, Cycling, Fencing, Football, Gymnastics, Hockey, Judo, Karate, Kabaddi, Rowing, Shooting, Swimming, Taekwondo, Volleyball, Wrestling, Weightlifting, Wushu.

The trainees have won 113 medals (106 National and 07 International in addition to the medals won at District, State levels etc.) The Details of some of the achievements/ medals won may be seen at **Annexure-VII**

Adoption of Sports Centres as Extension Centres of STC/ SAG Centres to cover schools/ colleges for wider coverage.

Objectives

- To encourage several sports centres across, North Eastern States, Jammu & Kashmir and other scheduled tribal areas and also all States
- To develop sports standard in schools and colleges.
- To provide technical support in terms of basic equipment.

Status

Number of Centres	-	83
Number of Trainees	-	1226 (781 boys, 445 girls)
Age – Group	-	14 – 21 years
Disciplines	-	Athletics, Basketball & Boxing, Football, Gymnastic, Handball, Kabaddi, Judo, Taekwondo, Table Tennis, Volleyball, Weightlifting.

E) CENTRE OF EXCELLENCE (COX) SCHEME.

Objectives

- As a natural collorary to the Sub- Junior/ Junior Schemes of SAI viz. NSTC, ABSC, SAG and STC, the Centre of Excellence Scheme envisages induction of talent based on performance in the Senior National Competitions for training at Regional Centres of SAI scout and nearly 200 days in a year.
- Provide opportunity to sportspersons to get training in their region to bring more sportspersons into the elite/ one.
- Prepare sports persons to be available in the 2nd & 3rd line for International competitions.

Status

Number of Centres	-	12
Number of Trainees	-	391 (256 boys, 135 girls)
Age – Group	-	17 – 25 years (Age relaxation in case of outstanding performance).
Disciplines	-	Athletics, Badminton, Boxing, Cycling, Gymnastics, Hockey, Judo, Kabaddi, Karate, Swimming, Shooting, Table Tennis, Lawn Tennis, Taekwondo, Volleyball, Wushu, Wrestling & Weightlifting,.

The trainees have won 84 medals (54 National and 30 International in addition to the medals won at District, State levels etc.) The Details of some of the achievements/ medals won may be seen at **Annexure-VIII.**

CHAPTER - VII

TRAINING OF ELITE ATHLETES AND MANAGEMENT SUPPORT (TEAMS)

The TEAMS Division is mainly responsible for implementation of various schemes of MYAS for development of sports in the country and also welfare of sportspersons. Mainly it provides necessary facilities to Elite sports persons preparing for major events like Olympics, Asian Games, Commonwealth Games and various other international competitions in India and abroad. It implements the plans prepared by various National Sports Federations vide their LTDP's and approved by the Committee for preparation of National Teams for National and International tournaments by providing the following facilities:-

- **Coaching Camps:** During the year 2007 – 08 it organized 283 Coaching Camps in all sports disciplines of different age groups in SAI Centres as well as other centres for preparation of Indian Teams for National and International Tournaments under expert Coaches & trainers as envisaged in Revised Guidelines of MYA&S for assistance to National Sports Federations.
- **Sports Science Back up:** It provided scientific back-up in the form of Doctors in Sports Medicine, Scientists, Physiotherapist and masseurs etc. to the sportspersons during National Coaching Camps for enhancing their fitness, recovery from injury and recovery from medical deficiency.
- **Coaching Support:** It provided coaches (Indian as well as foreign) for Coaching and training of the players during National Coaching Camps and for accompanying teams abroad.
- **Financial Assistance to outstanding sports persons and supporting Personnel for extensive training abroad:** It implemented the “scheme relating to Talent Search and Training” for Financial Assistance to outstanding Sports persons and supporting persons for extensive training abroad under expert foreign coaches. 15 indian players, 5 scientists, 2 Lecturers and 7 teams were sent abroad to enhance their performance under the expert coaches in outstanding institution.
- **Engagement of Foreign Coaches:** It engaged expert foreign coaches to train and coach National Coaching Campers and also Indian Coaches with the latest techniques of playing. 23 foreign coaches/trainers on long term basis and 4 on Short-term basis were engaged to train the Indian teams in various disciplines.
- **Equipment Support:** It provided necessary equipment support both imported as well as indigenous to the National Campers

The performance of the Indian Teams in different disciplines/Sportspersons at the international level during the year are indicated in the **Annexure-IX** The details of the sportspersons and supporting staff assisted under the scheme Relating Talent search & Training during the year 2007-08, are reflected in **Annexure-X**.

CHAPTER - VIII

COACHING DIVISION

The Coaching Division deals with personnel and administrative matters in respect of Coaches. The National Coaching Scheme caters to the objectives of broad-basing sports through out the country and provides scientific training to achieve excellence in sports. The coaches are utilized to impart training to young sportspersons under different operational schemes of SAI. Coaches are also provided to the State Government / UT's Administration on matching basis for State Coaching Centres. In addition to this, the coaches are also involved in the training of National Teams and in the Academic Wing for conducting Diploma / Master Degree Courses in different sports disciplines. The Coaches are being provided to Universities/Navodaya/Kenderiya Vidhyalayas also for imparting Coaching / Training. Monitoring System for effective utilization of the services of the coaches was introduced.

- SAI has 1347 Coaches in different grades and 87 Coaches have been engaged on contract basis as on 31.03.2008.

The following Coaches who were working as Project officers in the Teams Division were sent abroad for Master Degree in sports Management & Administration w.e.f. 18th September, 2007..

(a) Shri Ashwani Kumar for PG MSc Sport Management, Culture & Development from Sheffield Hallam University, Sheffield, UK

(b) Shri Inderjit Singh Pabla for MSc. Sport Mangement from Northumbria University, Newcastle, UK

The above programme was funded by "Chevening Sports Leaderships 2007" by Foreign Commonwealth Office UK

- Sixteen Coaches participated / attended the **WADA INFORMATION EDUCATION SESSION** on Anti-Doping held at New Delhi from 6th to 7th October, 2007
- Ten Coaches from different SAI Regional Centers had attended the **INTERNATIONAL SPORTS MEDICON – 2007** held at New Delhi from 16th to 18th November,2007

CHAPTER - IX

STADIA DIVISION

The Stadia Division is responsible for formulating policy guidelines for utilization of different facilities created in the stadia at Delhi with the twin objectives of broad-basing sports and to achieve excellence in Sports

OBJECTIVES

To provide facilities and venues for :-

- National/International Competitions
- National Coaching Camps
- Regular Coaching for local talent
- Pay and Play Activities
- Educational Institutions/Federations/other organizations to conduct their sports tournament at different level.

The following stadia which were constructed/renovated for the 1982 Asian Games are being maintained and utilized by SAI on behalf of the Government of India. Stadia-wise details of Regular Coaching/Pay & Play/Revenue Generation during the year are as under :-

S.No.	Name of the Stadium	Regular Coaching	Pay & Play	Revenue Generation
1.	J.N. Stadium	2326	203	4,55,40,587.00
2.	I.G.Stadium	1117	52	1,03,60,381.00
3.	Major Dhyan Chand National Stadium	810	08	6,06,867.00
4.	Dr. S.P.M.S.P	63	40	36,381.00
5.	Dr. Karni Singh Shooting Ranges			
Total		4316	303	5,65,44,216.00

1. JAWAHARLAL NEHRU STADIUM

Land Area	100 Acres
Seating Capacity	75,000
Total Floor Area	43500 Sq. m
Ramps for Upper Seating Tiers	8 Nos.
Score Boards	Giant Video Matrix Score Board (23 M x 8.5. M)
Sports Facility	Athletic Tracks – 8 Lanes of Synthetic Surface Warm up area
Arena/Stadium Lighting	4 Inclined Towers
Residential Wing	250 bedded
Conference Room	50 seaters
Fitness Centre	1

2. INDIRA GANDHI INDOOR STADIUM

Land flanked by the Ring Road, Gandhi Darshan, and IP Estate (4 acres for the main stadium).	102 Acres
Arena/Seating Capacity	21,500
Velodrome	01
Cycling with seating capacity	2500
Residential Wing	50 bedded
Conference Room	100 seaters
Fitness Centre	1

3. MAJOR DHYAN CHAND NATIONAL STADIUM

Earth filled Gallery	Constructed 1983 Capacity 20,000
Old covered gallery	Constructed 1951 (1 st Asian Games) Capacity 5000
Facilities available	Main Arena Synthetic turf - 01 Grassy Hockey Ground Swimming Pool
Conference Room	100 seaters
Fitness Centre	1

4. DR. SYAMA PRASAD MOOKERJEE SWIMMING POOL COMPLEX

Deep pool for swimming events	50m x 26m x 2m
Deep diving pool	25m x 25m x 5m
4 lane Warm up pool	50m x 12.5m x 2m
Spectator seating	6000
Residential Wing	54 bedded
Conference Room	30 seaters
Fitness Centre	1

5. DR. KARNI SINGH SHOOTING RANGES

		Seating Capacity
Land Area	81 Acres	
Facilities available	-One 10M Manual Range - One10 M A/C Range - One25 M Range - One 50 M Range - 3 Trap Ranges - 3 Skeet Ranges	100 Nos. 100 Nos. 100 Nos. 100 Nos. Not specified Not specified
Conference Room	30 seaters	
Fitness Centre	1	

CHAPTER - X

COMMONWEALTH GAMES 2010

The Commonwealth Games which are considered to be the second largest International multi disciplinary sporting event after the Olympic Games are held every four years. The XIXth Commonwealth Games are scheduled to be held in Delhi from 3rd to 14th October'2010. Approximately 8000 Sports persons from 71 countries are likely to participate in these Games. India has got the distinction of hosting these coveted Games for the first time. Hosting a sporting event of a scale such as the Commonwealth Games is matter of International prestige for the country, and is bound to boost brand India. The legacy of the Games will be to boost the sports culture as part of the daily life of every Indian, particularly the youth. Sports Authority of India is one of the major stake holders in these Games. Various SAI Stadia in Delhi are being renovated/upgraded for hosting these Games.

RENOVATION / UPGRADATION OF SAI STADIA IN DELHI FOR CWG-2010

EXISTING



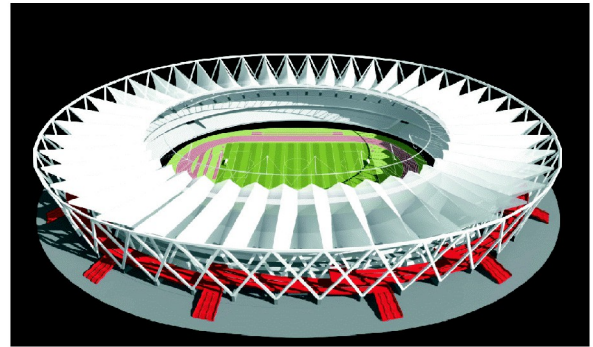
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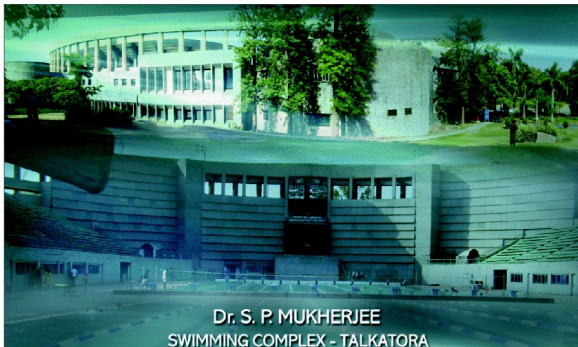
Indira Gandhi Sports Complex



Maj. Dhyan Chand National Stadium



Jawaharlal Nehru Stadium



Dr. SPM Mukherjee Swimming Pool Complex

The Stadia-wise disciplines/functions to be held during the Commonwealth Games 2010 are as under:-

Jawaharlal Nehru Stadium	:	Athletics, Lawn Bowls and Weightlifting, Opening and Closing Ceremonies .
Major Dhyanchand National Stadium	:	Hockey
Indira Gandhi Sports Complex	:	Gymnastic, Wrestling and Cycling
Dr. S.P. Mukherjee Swimming Pool Complex Talkatora	:	Aquatics
Dr. Karni Singh Shooting Ranges	:	Shooting

The last Commonwealth Games were held in Melbourne in 2006 where India had won 50 medals including 22 Gold, 17 Silver and 11 Bronze.

CHAPTER - XI

NATIONAL DOPE TESTING LABORATORY (NDTL)

Anti Doping Programmes seek to preserve intrinsic value about sport which is often referred to as “the spirit of sports ” . This is the essence of Olympic that is how we play true. The sprit of sport is the celebration of the human spirit, body & mind. Doping is fundamentally contrary to this spirit of sport. Govt. of India is fully committed to the idea of doping free sport environment in the country and has launched a scheme entitled NDTL. The main objectives of the scheme is to have an WADA accredited lab in India and to maintain Quality Control System as per ISO/IEC 17025:2005. NDTL is well equipped to conduct in competition and out of Competition Dope test on Sportspersons and also harmonize dope related regulations in tune with the WADA code and rules & regulations framed by WADA from time to time. After successful participation in Proficiency Testing, NDTL is in the final stage of getting permanent accreditation.

CHAPTER - XII

HINDI DIVISION

The important activities of Hindi Division during the year 2007-08 were as under :-

1. Made arrangements in connection with visit of the Parliamentary Committee on Official Language to the following offices of SAI on the dates indicated against them. The Committee appreciated the works being done by SAI in Hindi and a compliance report on the assurances given to the committee was sent to them through MYAS :

S. No.	SAI Offices	Date of Visit by the Committee
1.	STC Udhampur, Jammu	16-4-2007
2.	STC Bangalore	13-6-2007
3.	SAI, New Delhi	30-9-2007
4.	STC, Aurangabad	4-7-2007
5.	Western Centre Gandhinagar	23-10-2007
6.	STC, Pudduchery	30-1-2008

2. Letters/Circulars/Orders received from different divisions of SAI were translated in Hindi and sent to concerned divisions.
3. The Annual Report and the Audited Account of SAI for the year 2006-07 were translated into Hindi and sent for printing.
4. Proof Reading of the above Report was also done.
5. The meetings of the Official Language Committee were also held regularly for taking steps to implement the Official Language policy of the Government.
6. Hindi Diwas and Hindi Pakhwara were organized from 01.09.2007 to 15.09.2007 wherein competitions were held in Hindi typing, Hindi Debate, Hindi Essay, Hindi Sulekh and noting drafting. Cash prizes were given to officers and staff. Similarly Hindi Pakhwara and Hindi Diwas were organized in Regional Centres by conducting competitions.
7. Under the incentive scheme 24 officials were given cash award for doing maximum work in Hindi in the preceding year.
8. Hindi "Akashar Naveen" Software was installed in 12 computers.
9. Quarterly Report of Official Language were sent to Ministry of Youth Affairs & Sports.
10. One week Hindi workshop was held at LNCPE Thiruvananthapuram and Southern Centre Bangalore, respectively.

CHAPTER - XIII

MISCELLANEOUS MATTERS

(A) PERSONNEL DIVISION

The Personnel Division which deals with man management and development of human resources plays a pivotal role in the growth of SAI. As a part of its endeavours in accomplishing the assigned tasks some of the activities of the Personnel Division during the year are summarised as under:

i) Promotions:-

a) The following Dy.Directors were promoted as Directors w.e.f.1.5.2007: -

1. Shri Mukesh Kumar
2. Shri S.C.Sharma, (Proforma Promotion)
3. Shri L.Tiken Singh, (Ad-hoc basis)

b) The following Assistant Directors were promoted as Dy.Director w.e.f. 2.8.2007: -

1. Shri Venkateswar Reddy, Asstt. Director (STC Medak)
2. Shri Kapil Kaul, Asstt. Director (Proforma Promotion)
3. Shri S.D.Bakshi, Asstt. Director (HQ)
4. Shri G.Issac, Asstt. Director (LNCPE) Thiruvananthapuram
5. Shri S.C.Arora, Asstt. Director (HQ)
6. Shri B.S.Singal, Asstt. Director (HQ)
7. Shri M.S. Vergese, Asstt. Director (STC Kollom)
8. Shri M P Handa, Asstt. Director (STC Namchi)
9. Shri P.K.Raghav, Asstt. Director (Head Office)
10. Shri Ajit Singh, Asstt. Director (STC Hissar)
11. Shri Satish K Sarhadi, Asstt. Director (Northern Centre, Sonapat)

Steps were also taken for effecting promotion in other cadres also. Beside this, financial upgradation under the ACP Scheme/Time Bound Scheme was also given to the concerned officials.

ii) Appointment of CVO

Shri Injeti Srinivas, Joint Secretary (Sports), MYA&S was appointed as CVO, SAI (part time) for three years w.e.f. 21.6.2007 by Govt. of India, Ministry of Youth Affairs & Sports.

iii) Retirement/Repatriation

- a) Dr. B.K.Sinha, IPS, Secretary, SAI was relieved from SAI w.e.f. 24.7.2007.
- b) Shri V K Gupta, Assistant and Shri Chintamani Pandey, Attendant retired from service on 31.7.2007 after attaining the age of Superannuation.
- c) Shri Ashok Bhatnagar, Deputy Director (Finance) retired from service on 30.4.2007 after attaining the age of Superannuation.
- d) Shri S K Saggar, Executive Director, Shri M S Kashyap, Jr. Accounts Officer and Ms. Shanti Devi, Attendant retired w.e.f. 31.12.2007 after attaining the age of Superannuation.
- e) Dr. PSM Chandran, SSO (SM) after attaining the age of Superannuation retired from service on 31.1.2008.

- f) Shri Deepak Thakur, SE (Infra.) who was on deputation to SAI repatriated to his parent department (CPWD) on 14.1.2008.

V) DEPUTATION

Dr. G. Kishore, Director, went on deputation to Govt. of Kerala.

V) STANDING COMPLAINTS COMMITTEE

The composition of the Standing Complaints Committee of SAI for issues relating to sexual harassment of women employees at SAI Headquarter is enclosed (**Annexure-XI**). Similar Committees for Regional Centres/Sub-Centres and Academics Institutions have also been set up to deal with issues related to sexual harassment of working women there.

(B) COORDINATION

- i) The Coordination Division is a hub centre of SAI primarily dealing with issues relating to Parliament/Parliamentary Committees, Memorandum of Association and Rules of SAI including conduct of meetings of the General Body/Governing Body etc. It is also responsible for preparing Annual Report of SAI and its submission to MYA&S for laying before two Houses of Parliament. Apart from this, it also liaise with other Divisions/Regional Centres/Sub Centres/MYA&S on issues of general nature including RTI cases.
- ii) **Mechanism for disposal of cases under RTI Act 2005.**
In supersession of earlier notifications, fresh notifications dated 10.10.2007, 11.10.2007 and 15.1.2008 were issued designating officers at the SAI Headquarters/Regional Centres/Sub-Centres/Academics Institutions as CPIO/APIO/Appellate Authority under the RTI Act, 2005.

(C) INFRASTRUCTURE DIVISION

Sports Authority of India has been creating sports facilities of international standard in a phased manner at its different Regional Centres, Sub-Centres and SAG Centres all over India. The Infrastructure Division is the nodal agency for coordinating with Heads of Regional Centres/Sub-Centres/SAI Training Centres/SAG Centres/Academic institutions for their infrastructure needs.

Once the proposal is received from these centres, the drawings/estimates are obtained from CPWD/State Govt. Agencies, which are processed/scrutinized by them and put up to the competent authority for administrative approval. Thereafter during construction stage, the progress of work is monitored and the funds required released to all concerned by the Infra Division.

(D) SCIENTIFIC WING AT SAI HEADQUARTER

The Sports Medicine Centre (SMC) at the Head Quarters was established in 1984 as a Plan Scheme of SAI. The objective of the scheme is to provide comprehensive Sports Medicine back up to the following categories of sports personnel:

- (a) Those attending National Coaching Camps in Delhi
- (b) Those attending regular training at SAI stadia in Delhi
- (c) Those participating in competitions being held in SAI stadia in Delhi
- (d) Those residing at the Residential Wings of SAI in Delhi
- (e) Emergency medical cover for SAI staff and their families.

The SMC is operational 24 hours a day, 7 days a week. Under the SMC dispensaries are functioning in different Stadia in Delhi